# A STUDY ON HEALTH STATUS OF SCHOOL GOING CHILDRENS



## **Dissertation**

# Submitted for the requirement of degree of Master of Physical Education (M.P.Ed.) semester IV Examination 2023 of Vidyasagar University

# $\mathbf{BY}$

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# CERTIFICATE BY THE SUPERVISOR

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The dissertation is satisfactory from the point of content and language and fulfils the requirements related to M. P. Ed degree thus approved and forwarded for the evaluation.

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I do hereby declare that research work entitles "A STUDY ON HEALTH STATUS OF SCHOOL GOING CHILDRENS.: "is an original peace of work done by me under the supervision of Ms. Moumita Sen, assistant professor, Department of Physical Education, Mugberia Gangadhar Mahavidyalaya. I have specified, by means of reference, the source of information.

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# DEDICATED TO MY PARENTS, RESPECTED TEACHERS AND MY FRIENDS

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M.P.Ed. Scholar

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# SUMMARY, CONCLUSIONS AND RECOMMENDATIONS

#### **SUMMARY**

The purpose of this study was to find out the status of health of Bhupatinagar tudenschool storeveal the perspective of survey on health status towards school student of Bhupatinagar 10 item PHYSICAL HEALTH CONCERN DOMAIN, SOCIAL HEALTH CONCERN DOMAIN, MORAL HEALTH CONCERN DOMAIN

and 15 item PSYCHOSEXUAL HEALTH CONCERN DOMAIN questionnaire are used to collect the data. PHYSICAL, SOCIAL, MORAL questions had a maximum score of 10 and minimum score of 0. PSYCHOSEXUAL questions had a maximum score of 15 and minimum score of 0. The study was carried out in Purba Medinipur district, Bhupatinagar school student, total 500 subjects were selected for this study from Bhupatinagar school students. The age was ranging from 11 to 18 years. The technique of the sample selection was purposive sampling method. The researcher delivers the questionnaire to the respondents with the help of teacher of concerned department and gats back, duly filled by them. Survey design was use for collecting the data. The collected data were arranged, organized, and after due coding, it was processed through percentage method. And percentage scale was used for analysis of data and the conclusion was drawn on the basis of the calculated percentage. Data analysis was performed using the Microsoft Excel data analysis package (2010 version). Descriptive statistics were calculated for all survey data. Percentage scale was used for analysis of data.

### **CONCLUSION:**

On the basis of result & discussion the researcher intended to draw following conclusion:

- 1) In case of Physical Health Concern Domain 14-15 years & 16-18 years age groups were found highest category according to the Inventory interpretation among three groups, in other hand 11-13 years age group was found in Average Category as per the inventory norms.
- 2) In case of Social Health Concern Domain All three groups were found to be in low category according to the inventory norms.
- 3) In case of Psychosexual Health Concern Domain indicated that 14-15 years & 16-18 years age group found to be in Average Category as per Inventory norms. On the other hand, 11–13-year age group was found to be low category according to the Inventory interpretation.

- 4) In case of Moral Health Concern Domain all three groups were found to be in Average Category according to the inventory norms.
- 5) Atlas researcher conclude that in the present study according to the norms all three groups were found to be in Average Category.

## **RECOMENDATIONS:**

From the results of the study the following recommendations are drawn i)The study may be used by the teacher, trainer to understand the perception of student towards health status.

- ii. Similar study may be conducted on health status towards the other college students.
- iii. Similar study may be conducted on physiological variables.
- iv. Similar study may be conducted foe compare of state board and central board affiliated school student's health status.
- v. Similar study may be conducted with larger sample size.
- vi. The result of the study would contribute for preparing curriculum for students.
- vii. Similar study is necessary to examine the effect of health status on performance for the different age in large sample with stratified sampling technique.
- viii. Further similar research may be undertaken considering female student also.